
The Providence Center
Multisystemic Therapy Team
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Providence, RI 02906

For referrals, please contact our
Child & Family Services reception desk
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National Endorsements for Community Models

Researchers find that these evidence-based models promote long-term positive outcomes and reduce the risk for out-of-home placement, substance use and school failure.

- The National Institute of Health Panel finds Multisystemic Therapy (MST) and Functional Family Therapy (FFT) most effective in reducing aggression, delinquency and substance use.
- The U.S. Substance Abuse and Mental Health Service Administration names Behavioral Family Systems Therapy (BFST), MST and FFT as model programs.
- The National Institute of Drug Abuse assesses BFST, MST and FFT as highly effective.

Multisystemic Therapy is operated in cooperation with the MST Institute.



The
Providence
Center

Peace of Mind in Community Care

Multisystemic Therapy

*Family-focused services
to keep kids at home,
in school and out of trouble*

Multisystemic Therapy: Focused on Families

The behavior of children can be influenced by:

- Family
- Friends
- Neighborhoods
- Schools

Multisystemic Therapy (MST) focuses on restoring the positive influences in your child's life with the goal of avoiding severe high-risk behaviors. MST addresses the complex clinical, social and educational challenges for children who have been court-involved, have a history of out-of-home placement and/or exhibit high-risk behavior.

“Kevin was always getting into trouble, and we didn't know what to do. Our MST therapist helped us to identify his strengths and ours too, which gave us the foundation to support him through his difficult times. He learned how to be with himself, his friends and his family in positive ways. Now he's a happy teenager, and we are a much happier family.”

-Christine, an MST parent

Keeping kids at home, in school and out of trouble

You and your family will learn how to help your child practice good behaviors. Therapists will collaborate with you, guiding you in setting goals for your family and making positive changes in your adolescent's environment. Services are provided in homes, schools and neighborhoods over a four- to six-month period. Contact is daily at the beginning of treatment. An on-call system is available for emergencies and support.

What MST can do for you and your child

We will help you focus on your family's strengths to develop solutions:

- Goals are established by your family.
- The goals will promote positive, responsible behavior within your family.
- You will learn how to identify resources and skills that will help you to effectively monitor and discipline your child.

MST will help your child make positive improvements, often resulting in:

- Improved school performance.
- Relationships with supportive peer groups.
- Participation in positive recreational activities.

We will help you develop a support network by:

- Involving teachers, school administrators and community groups in your child's treatment.
- Coordinating with juvenile justice and child welfare systems, if needed.